

FRONT RANGE CLINIC

# SUPPORT YOUR LOVED ONE WITH ADDICTION

**FREE TO ANYONE**

*A program for the family members and loved ones of those struggling with addiction. A trained facilitator will provide:*

**Education about addiction**

**Communication tools**

**Boundary setting & skills to reduce enabling**

**Skills for supporting sober behavior**

**Self-reward & self-care**

**WHO:** FAMILIES AND FRIENDS OF THOSE WITH ADDICTION

**COST:** NO CHARGE, FUNDED BY FEDERAL GRANT

**LENGTH:** ONGOING GROUP

**TIME:** WEDNESDAYS 5:00 PM

**PLACE:** VIRTUALLY AT [HTTPS://FRONTRANGE.DOXY.ME/STENSLAND](https://frontrange.doxy.me/stensland)

**FOR MORE INFO OR TO REGISTER CALL 970-493-9193  
OR EMAIL [MSTENSLAND@FRONTRANGECLINIC.COM](mailto:MSTENSLAND@FRONTRANGECLINIC.COM)**

