

When it Comes
to Effectively
Treating Addiction —

Family Matters



Scholarships available for Moffat, Routt and Grand County residents

Addiction is a family disease, and the goal of the Michael Barnes Family Institute™ is to assist in the process of healing for the entire family system. Substance use disorders and mental health conditions are truly a family disease.

The telehealth programs, led by experienced therapists, include:

Level 101: multi-family programming

- Suited for families with a member who needs treatment or is currently receiving treatment
- 5-weeks, telehealth
- Focuses on education and lays the groundwork for having productive, challenging conversations

Level 102: individual family coaching

- Suited for families with a member in early recovery
- 12-weeks, telehealth
- Level 101 is a pre-requisite
- Helps families begin to talk about tough topics and make positive changes



For more information about the **Michael Barnes Family Institute Program** scan the QR code.

For information about pricing and scholarship availability, contact **Nikki Bettiker** at 844-955-1066, or email nikki.bettiker@nrtbh.com.



RAS-Col
Rural Alliance Addressing
Substance Use Disorder
COLORADO



**Michael Barnes
Family Institute™**